

Fingerplays, Rhymes & Songs:

Relaxing Flowers

Five little flowers
Standing in the sun;
See their heads nodding,
Bowing, one by one.
Down, down, down
Falls the gentle rain,

And the five little flowers
Lift up their heads again!

Ocean Shell

I found a great big shell one day,
Upon the ocean floor.
I held it close up to my ear.
I heard the ocean roar!

I found a tiny shell one day
Upon the ocean sand.
The waves had worn it nice and smooth.
It felt nice in my hand.

Exercise Song

I'll put my hands in my lap,
My feet together so;
I'll sit up straight as straight can be,
For that is right, you know.
I'll stand up straight and tall,
Hands at my side, just so;
I'll look in front and do the thing
That is just right, you know.
I'll march and march around,
With steps just fast and slow;
I'll make no noise as I go 'round,
For this is right you know.

Recipes:

Popsicles

pineapple
grape juice
cranapple juice
popsicle sticks
small paper cups

If frozen juice is used, mix according to the directions on the can. Fill the paper cups 3/4 full of

juice. Place the cups in the freezer. When the juice begins to freeze, insert a popsicle stick in the middle of each cup. When frozen, peel the cup away and serve.

Fruit Slush

1 Lg can frozen lemonade
1 Lg can frozen orange juice
2 boxes frozen strawberries
1 sm jar maraschino cherries
1 can crushed pineapple
3 or more bananas
½ bunch red or green grapes
1 box frozen red raspberries
2 ½ cups water
1 cup sugar

Mix all ingredients and freeze. Stir often while freezing. Take from freezer an hour before serving.
Top with Ginger Ale

Dates to Remember:

Sara's 6th Birthday – 30th
Father's Day – 19th
First day of summer – 20th

Suggested Activities:

Go to a Wranglers baseball game
Go fishing as a family
Go to a water park or public swimming pool
Visit a museum
Take a sound or color walk
Plan, shop and cook together
Visit the local library
Spend a day doing something special with just dad

Books:

I Saw the Sea come In – Alvin Tresselt
A City in the Summer – Eleanor Schich
The Summer Snowman – Gene Zion
Swimmy – Leo Lionni
Once We Went on a Picnic – Arlien Fisher
Summer Is..... – Charolotte Zolotow
Alex's Adventures at the Beach – Edward Delgado
Sam's Sandwich – David Pelham
Summer Days – Harold Roth
Summer is Here – Jane Belk Moncure
Father's Day – Anne Rockwell
I Love My Daddy – Sebastien Braun
Daddy Kisses – Anne Gutman