



October Newsletter 2015



Fall has arrived! This is a great time of year to be taking walks, watching the leaves change and having our family get-togethers. This month we will continue learning about letters and their sounds, colors, shapes, weather changes and all the symbols associated with this fall time of year. Our themes this month are Leaves, Fire Safety, Pumpkins and Gourds, Owls, and Monsters

It's the time of year to take stock of what's in your child's cubby. Please remove excess toys, trinkets and/or unnecessary items. The **extra clothing** may be getting too small. It may not be weather appropriate. Make sure you bring a **long pair of pants** and a **long-sleeved shirt** as a backup option. Don't forget about **socks and underwear** as well. You may want to keep the shorts and t-shirts as an option for a bit longer.

I also want to stress the importance of a **jacket**. I would suggest you send a **jacket** that can remain here. Many of our mornings have been chilly. It won't be long before we are going to need **mittens and gloves** (**waterproof** ones are a **must** for snow/cold temps), **hats (that cover ears)** and **winter coats**. I would like for the kids to have a set they keep here. I also ask that each child have a pair of **snow pants or ski bibs and a pair of snow boots. (Non-walkers can just do warm socks and/or regular shoes.)** We go out almost every day of the year. I always monitor temperatures, conditions and the amount of time we are exposed when we are out.

Reminder...**Fruit of the Spirit will be closed November 2nd-6th.** This is a scheduled/paid vacation for me. Please include the payment due on November 6th, with the payment due on October 30th. If need be, you can write two checks and postdate the second check that I will cash on or after November 6th. Thanks!

Please keep in mind, I do not often carry my cell phone around, nor do I hear when it rings/vibrates. If you text me and I do not send a comment of any kind back, you can assume I did not read the message yet. If it is important, time sensitive, and I have not responded in a timely manner, please call my house 721-0677.

Continue to encourage self-help skills in your preschool child. This is the time for them to be learning to pull pants up and down, put coats on and take them off, zipping, put shoes and socks on and take them off, blowing their noses and using a napkin. Please take the extra time to allow for your child to do these tasks as practice. I know we all get in a hurry. Some of the time is better than never!

F.Y.I...I have 5 emergency days available to use by May 31st 2016, if necessary.

Heather Bridgwater
Director

Fruit of the Spirit Family Early Learning

