





October '15



Monday	Tuesday	Wednesday	Thursday	Friday
<p>* USDA is an equal opportunity employer.</p>	<p>6</p> 		<p>1</p> <p>Name Writing & Cutting Practice Writing Boards</p> <p>B: Cheerios, oranges & milk L: Cheese pizza-hm, peaches, green beans, crust & milk S: Carrot sticks & pretzels</p>	<p>2</p> <p>Playdough letters and numbers Art: Pumpkin Handprints</p> <p>B: Rice Krispies, pineapple & milk L: Chicken Stirfry, pasta, mixed vegetables, applesauce & milk S: Ritz crackers & grapes</p>
<p>5 Fire Safety Fire Rescue Call 911 E.D.I.T.H Art: Tissue Paper Flames</p> <p>B: Oatmeal, banana & milk L: Eggs & Sausage, apples, green beans, ww-tortilla & milk S: Wheat thins & carrot sticks</p>	<p>6</p> <p>Stair Walk & Carry - Gross Motor Block Play - Fire Station</p> <p>B: Cheerios, fruit cocktail & milk L: Ham & cheese, salad-A, corn, ww bread & milk S: Oatmeal cookie & juice + C (apple)</p>	<p>7</p> <p>Cup Stack Flames/Knock Down Smoke Detector & Fire Drill</p> <p>B: Kix cereal, bananas & milk L: Chicken strips, broccoli, oranges, ww-bread & milk S: Cheerios & milk</p>	<p>8</p> <p>Hurry Hurry Drive the Firetruck Stop, Drop, Rock & Roll</p> <p>B: Oatmeal, apricots & milk L: WW Spaghetti, meat sauce, peas, fruit cocktail & milk S: Toast/jam & milk</p>	<p>9</p> <p>Video - Elmo Fire Safety Get Low & Go - Fire Escape Plan</p> <p>B: Autumn Wheat, grapes & milk L: Turkey sandwich, carrots, pineapple, ww-bread & milk S: Yogurt & strawberries</p>
<p>12 Pumpkins & Gourds Peter, Peter, Pumpkin Eater Art: Flip Pumpkin</p> <p>B: Oatmeal, banana, & milk L: Grilled cheese, tomato soup, corn, peaches, ww bread & milk S: Animal crackers & milk</p>	<p>13</p> <p>Pumpkin Song/ Potato Heads Art: Gourd Buddies</p> <p>B: Cheerios, strawberries & milk L: Chili (beef & tomatoes), cheese, crackers, peaches & milk S Banana muffin & Juice (grape +C)</p>	<p>14</p> <p>Playdough Pumpkins & Decorating Letter P practice & Pumpkin Bingo</p> <p>B: Kix cereal, peaches, & milk L: Turkey sandwich, green beans, oranges, ww-bread & milk S: String cheese & Wheat Thins</p>	<p>15</p> <p>Five Little Pumpkins Art: Sponge Paint Pumpkin</p> <p>B: Raisin bread, banana, & milk L: Beef & bean burrito, carrots, pears, ww-tortilla & milk S: Pumpkin bagel & apple slices</p>	<p>16</p> <p>Water Play & Mini Pumpkins Art: Campfire Marshmallows</p> <p>B: Rice Chex, pineapple & milk L: Hamburger gravy, ww-toast, broccoli, fruit cocktail & milk S: Cinnamon raisin bread & milk</p>
<p>19 Owls & Leaves Read: Fall Leaves Art: Leaf Rubbings</p> <p>B: Life cereal , banana & milk L: Beef Stroganoff, peas+c, apricots, ww-egg noodles & milk S: Bagel & Apple+C</p>	<p>20</p> <p>Owl Sizing Up in the Tree Art: Heart Owl</p> <p>B: Toast, oranges, & milk L: Beef Corndogs , green beans, applesauce, breadng & milk S: English muffin & cheese</p>	<p>21</p> <p>Scarf Dancing Matching Owls</p> <p>B: Autumn Wheat, banana & milk L: Chicken stirfry, pasta, mixed vegetables, fruit cocktail & milk S: Raisin bread & milk</p>	<p>22</p> <p>Who Are You? Art: Autumn Colors Sponge Paint</p> <p>B: Waffles, peaches & milk L: Lasagna (beef & cheese), peas+c strawberries & milk S: Tortilla & cheese</p>	<p>23</p> <p>Read: Owl Babies Art: Feather Painting</p> <p>B: Life cereal, oranges & milk L: Deli turkey, green beans, pears, roll & milk S: Owl Toast & milk</p>
<p>26 Monsters Monster Goo Monster Moves</p> <p>B: Cheerios , banana & milk L: Spaghetti, meat sauce, mixed vegetables, pineapple & milk S: Monster Apples & Milk</p>	<p>27</p> <p>Monster Math Puppets Art: Silly Monster</p> <p>B: Toast, strawberries & milk L: Chicken strips, peas, oranges, ww-bread & milk S: Cheerios & milk</p>	<p>28</p> <p>Read: David & Goliath Masks & Dress Up</p> <p>B: Corn Chex , banana & milk L: Hamburger, corn, applesauce, ww-bread & milk S: English muffin & cheese</p>	<p>29</p> <p>Read: Alphabet Mystery Monster Match & Puzzles</p> <p>B: Kix cereal, apples & milk L: Tacos (beef & cheese), salad-A, pineapple, ww tortilla & milk S: Graham crackers & milk</p>	<p>30</p> <p>Music/Movement w/ Instruments Read: Stellaluna</p> <p>B: Rice Krispies, strawberries, milk L: Goulash (Beef, tomatoes, pasta), applesauce, green beans & milk S: Tortilla & cheese</p>

