

Important Dates

Dr. Seuss Birthday – 2nd

Daylight Savings Time – 8th

St. Patrick's Day – 17th

First Day of spring – 20th

Finger plays, Rhymes & Songs

I went on Safari

I went on safari and what did I see?
A big, striped tiger looking at me!
The tiger ROARED!

I went on safari and what did I see?
A long-necked giraffe looking at me!
The giraffe _____

(Tell what the animal said or did)

Invite child to repeat the verse, naming a new animal each time..

Five Little Shamrock

Five little shamrocks
(Hold up 5 fingers)
Growing by my door
I picked one and then there were four.
(Hold up 4 fingers)

Four little shamrocks
(Hold up 4 fingers)
Growing by the tree
I picked one and then there were three.
(Hold up 3 fingers)

Three little shamrocks
(Hold up 3 fingers)
Growing next to you
I picked one and then there were two.
(Hold up 2 fingers)

Two little shamrocks
(Hold up 2 fingers)
Growing in the sun
I picked one and then there was one.
(Hold up 1 finger)

One little shamrock
(Hold up 1 finger)
Growing all alone
So I picked it and took it home!

Recipe

Blueberry Oat Muffins

1¼ cups quick cooking oats
½ cup all-purpose flour
½ cup whole wheat flour
½ cup brown sugar
1 tablespoon baking powder
½ teaspoon salt
1 cup milk
1 egg
¼ heaping cup applesauce
1-2 cups blueberries

Preheat oven to 400 degrees.
Combine oats, flour, sugar, baking powder & salt.
Mix in milk, egg & applesauce; mix just until dry ingredients are moistened. Fold in blueberries.
Fill greased muffin tins 2/3 the way full with batter. Bake for 20-25 minutes.

Rainbow Toast

1 Slice of white bread
Food Coloring (several colors)
Milk

Pour milk into several portion cups and add a different color to each. Allow your child to brush on rainbow stripes (please use a new watercolor paintbrush). Toast the slice and add butter.

Suggested Activities

- *Read a Dr. Seuss book with your child
- *Let your child put lids on matching containers
- *Review the colors of the rainbow with your child
- *Allow your child to paint or use markers to create a rainbow
- *Mix water with cornstarch in a pan. Let your child scoop and squeeze the mixture.
- *Count the number of stairs in & outside your home
- *Let your child wash dishes with you

Books

Planting a Rainbow – Lois Ehlert
A Rainbow of My Own – Freeman
Who Will Wake Up Spring? – Sharon Lerner
Green Eggs and Ham – Dr Seuss
The Rainbow Fish – Marcus Pfister
A Color of His Own – Leo Lionni